

EDRIMO Prescription Opioid Misuse Risk Screening Scale	
Think about the last time you experienced any type of physical pain. Please indicate the extent to which you had the following thoughts and feelings, using the scale: 0 Never – 10 Always	
1. I feel like I can't take it any more	0 1 2 3 4 5 6 7 8 9 10
2. I think it's awful and that I will never get better	0 1 2 3 4 5 6 7 8 9 10
3. This is stronger than me and it's terrible	0 1 2 3 4 5 6 7 8 9 10
4. I can't bear it any longer	0 1 2 3 4 5 6 7 8 9 10
5. I live well, despite my pain	0 1 2 3 4 5 6 7 8 9 10
6. If I could control the negative thoughts I have about pain, I'd handle my life better	0 1 2 3 4 5 6 7 8 9 10
People behave and think differently in various situations. Let's measure some of the ways you act and think. Don't spend too much time on any of the sentences. Answer quickly and honestly, using the scale: 0 Never – 10 Always.	
7. My thoughts can race	0 1 2 3 4 5 6 7 8 9 10
8. When I'm thinking about something, strange thoughts come to mind that have nothing to do with it	0 1 2 3 4 5 6 7 8 9 10
9. I worry that I'm losing my mind when I want to focus on a task but can't	0 1 2 3 4 5 6 7 8 9 10
10. I feel afraid when I can't focus on what I'm doing	0 1 2 3 4 5 6 7 8 9 10
11. I'm scared of what people might think of me if they notice I'm trembling	0 1 2 3 4 5 6 7 8 9 10
12. When I feel anxious, I worry that others will notice	0 1 2 3 4 5 6 7 8 9 10
13. I worry that I'm losing my mind when my thoughts race	0 1 2 3 4 5 6 7 8 9 10
14. When I can't think clearly, I worry that something very bad is happening to me	0 1 2 3 4 5 6 7 8 9 10
Please answer by marking the option that best describes what you have been experiencing lately, using the scale: 0 Never – 10 Always	
15. You feel disturbed or anxious	0 1 2 3 4 5 6 7 8 9 10
16. Your mind is filled with worries	0 1 2 3 4 5 6 7 8 9 10
17. You feel content	0 1 2 3 4 5 6 7 8 9 10
18. You feel clumsy and like you're moving in slow motion	0 1 2 3 4 5 6 7 8 9 10
19. You've lost interest in your personal appearance	0 1 2 3 4 5 6 7 8 9 10
20. You look forward to things with enthusiasm	0 1 2 3 4 5 6 7 8 9 10
Have you ever experienced a situation in your life that you consider serious or traumatic (e.g., an earthquake, a severe traffic accident, a robbery involving intimidation, a rape, abuse, etc.)? If your answer is YES , please reflect on that specific situation and indicate to what extent you have felt bad for each of the following reasons in the LAST MONTH , using the scale: 0 Nothing – 10 Extremely	
21. Having very negative thoughts about everything around you (yourself, others, and the world)	0 1 2 3 4 5 6 7 8 9 10
22. Experiencing intense negative emotions like sadness, panic, aggression, guilt, and/or shame	0 1 2 3 4 5 6 7 8 9 10
23. Struggling to feel positive emotions, such as happiness or love for those around you	0 1 2 3 4 5 6 7 8 9 10
24. Displaying irritability, rage, or violent behaviour	0 1 2 3 4 5 6 7 8 9 10
25. Finding it difficult to focus on anything	0 1 2 3 4 5 6 7 8 9 10



EDRIMO INTERPRETATION

Ítems	Variables
1-4	Catastrophizing
5-6	Acceptance
7-8	Impulsivity
9-14	Anxiety sensitivity
15-20	Symptoms of distress: anxiety (15-16) and depression (17-20)
21-25	Symptoms of posttraumatic stress

NOTE: Items 5, 17 y 20 are reverse.

Cut-off point in people with chronic non-cancer pain:

- If the scale is used before opioid medications are prescribed or when the person has been taking them for less than a month, **a score of 76 or higher** predicts prescription opioid misuse four months later.
- If the scale is used when the person has been taking opioid medications for more than 6 months (long-term treatment), **a score of 95 or higher** predicts prescription opioid misuse one year later.

